

# LUNCH WEEK 1 MENU



## MAIN EVENT

**MONDAY**  
Chicken & Vegetable  
Meatballs in Tomato  
Sauce with Pasta  
Twirlers

**TUESDAY**  
Mild Chicken Curry  
with Whole Grain  
Rice

**WEDNESDAY**  
Sausages with  
Mashed Potatoes  
and Gravy

**THURSDAY**  
BBQ Drizzle Pizza  
with Baked Potato  
Wedges

**FRIDAY**  
Golden Fish Fingers  
or Salmon Fingers  
with Chips



## MEAT-FREE MAGIC Vegetarian Dish

Sweet Chilli  
Vegetable Stir Fry  
with Whole Grain  
Rice

Cheesy Broccoli  
Pasta Bake

Homemade Cheese  
and Leek Sausages  
with Mashed  
Potatoes and Gravy

Tarka Dhal Curry  
(Veggie Lentil Curry)  
with Whole Grain  
Rice

Pizza  
Margherita  
with Chips



## RAINBOW ALLEY Vegetables and Salads

Mixed Salad

Green Beans

Broccoli

Peas

Baked Beans

*Daily salad bowl and freshly baked bread available every day*



## PASTA TWIRLER Topped Pasta

**Hot Pasta topped with Homemade Tomato Sauce**



## BIG TOPPING Filled Jacket

**Crispy Skin Jacket Potatoes**  
with Cheese or Beans



## DESSERT TROLLEY Pudding

Toffee  
Sponge

Jelly &  
Fruit Slices

Apple Sponge Cake

Orange  
Cookie

Vanilla  
Ice Cream

*Pick & Mix Packed Lunch, freshly filled sandwich, healthy snack, home bake dessert & a piece of fruit*

# FOOD FESTIVAL

By Aspens

Autumn/Winter 2023/2024:  
11/9, 2/10, 23/10, 13/11, 4/12, 25/12, 15/1, 5/2

# LUNCH WEEK 2 MENU



## MAIN EVENT

**MONDAY**  
All Day Breakfast  
Brunch  
Sausage, Egg, Hash  
Brown and Beans

**TUESDAY**  
Pizza Margherita  
with Baked Potato  
Wedges

**WEDNESDAY**  
Minced Beef and  
Onion Pie with Mash

**THURSDAY**  
Chicken  
Chow Mein  
(Noodles)

**FRIDAY**  
Golden Fish  
Fingers  
with Chips



## MEAT-FREE MAGIC Vegetarian Dish

All Day Veggie  
Breakfast Brunch  
Veggie Sausage, Egg,  
Hash Brown and Beans

Golden Vegetable  
Fingers with Baked  
Potato Wedges

Super Veggie Pie  
Vegetable, Lentil and  
Onion Pie with Mash

Mexican Bean Wrap  
with Whole Grain  
Rice

Cheesy Sweetcorn  
Pizza  
with Chips



## RAINBOW ALLEY Vegetables and Salads

Baked Beans

Green Salad

Carrots

Sweetcorn

Baked Beans

*Daily salad bowl and freshly baked bread available every day*



## PASTA TWIRLER Topped Pasta

**Hot Pasta topped with Homemade Tomato Sauce**



## BIG TOPPING Filled Jacket

**Crispy Skin Jacket Potatoes**  
with Cheese or Beans



## DESSERT TROLLEY Pudding

Banana Sponge  
Cake

Jammy Crumble  
Bars

Apple Crumble

Orange  
Jelly

Vanilla  
Ice Cream

*Pick & Mix Packed Lunch, freshly filled sandwich, healthy snack, home bake dessert & a piece of fruit*



# LUNCH WEEK 3 MENU



## MAIN EVENT



## MEAT-FREE MAGIC Vegetarian Dish



## RAINBOW ALLEY Vegetables and Salads



## PASTA TWIRLER Topped Pasta



## BIG TOPPING Filled Jacket



## DESSERT TROLLEY Pudding

### MONDAY

Hot Dog  
with Baked Potato  
Wedges

Vegetarian  
Shepherd's Pie

Green Beans

Watermelon  
Wedge

### TUESDAY

Tomato & Roasted  
Vegetable Pasta  
Bake

Mixed Vegetable  
Korma with  
Whole Grain Rice

Broccoli

Chocolate Crunch

### WEDNESDAY

Roast Gammon  
with Roast Potatoes  
and Gravy

Baked  
Mac n Cheese

Carrots

Oaty Apple  
Crunch Slice

### THURSDAY

**Pizza Day!**  
Veggie Supreme  
Pizza with Baked  
Potato Wedges

BBQ Drizzle  
Pizza with Baked  
Potato Wedges

Peas

Strawberry  
Jelly

### FRIDAY

Golden Fish  
Fingers  
with Chips

Golden Vegetable  
Fingers  
with Chips

Baked Beans

Vanilla  
Ice Cream

*Daily salad bowl and freshly baked bread available every day*

**Hot Pasta topped with Homemade Tomato Sauce**

**Crispy Skin Jacket Potatoes**  
with Cheese or Beans

*Pick & Mix Packed Lunch, freshly filled sandwich, healthy snack, home bake dessert & a piece of fruit*