## TRADITIONAL

Week 1

### DAILY SALAD BOWL FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT AVAILABLE DAILY





**Hot Pasta** 

topped with Homemade **Tomato Sauce** and Cheese



**Autumn Winter** 2024-25:

FOOD

By Aspens

2/9, 23/9, 14/10, 4/11, 25/11, 16/12, 6/1, 27/1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



EVENT

Margherita Pizza Slice and Wedges

Chicken Tikka Masala

Roast Gammon, **Roast Potatoes** and Gravy

Lasagne

Golden Fish Fingers or Salmon Fingers and Chips



MEAT-FREE Veggie Dish

Veggie Pepper and Sweetcorn Pizza Slice with Wedges

> Butterbean Ratatouille

Quorn Sausage, **Roast Potatoes** and Gravy

Vegetable Lasagne

Veggie Burger and Chips



Vegetables and Salads

Sweetcorn

Apple Slaw and Wholegrain Rice

**Peas and Carrots** 

**Green Beans** 

Baked **Beans** 



Cheese or Beans

Cheese or Beans

Cheese or Beans

Cheese or Beans

Cheese or **Beans** 

Toffee Frozen Yoghurt

TROLLEY

**Sweet Potato** Brownie

**Forest Fruits Jelly Pots** 

Cookie Dough Apple Crumble

> Jammy **Thumbprint Biscuits**



## TRADITIONAL

Week 2

# FOOD By Aspens



EVENT

MEAT-FREE Veggie Dish



Cheese or

Cheese or Beans

Beans

Cheese or Beans

Cheese or Beans

or

TROLLEY

Toffee Apple Sponge and Custard

Chocolate Sprinkle Iced Cake

Raspberry **Coconut Jelly** 

Fresh Fruit Salad

> Anzac **Biscuits**

DAILY SALAD BOWL FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT

AVAILABLE DAILY



## AVAILABLE EVERY DAY Topped Pasta **Hot Pasta** topped with Homemade Tomato Sauce & Cheese

**Autumn Winter** 2024-25:

9/9, 30/9, 21/10, 11/1, 2/12, 23/12, 13/1, 3/2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Cheesy Tomato** Pizza Muffins

Aspens All Day Breakfast

Roast Pork, **Roast Potatoes** and Gravy

> Classic Cottage Pie

**Battered Fish** and Chips

BBQ and Sweetcorn Pizza Slice

> Aspens Veggie All Day Breakfast

> > Cauliflower Cheese, **Crispy Onion Topping** & Roast Potatoes (You don't have to have the onions)!

**Roasted Sweet** Potato Pastry Roll and Mash

Cheese and **Tomato Toasted** Wrap with Chips

Wholegrain Pasta Salad and Green salad

**Baked Beans** 

Mixed Greens

Peas

**Baked Beans** 

## TRADITIONAL

Week 3

DAILY SALAD BOWL FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT

AVAILABLE DAILY









EVENT



MEAT-FREE Veggie Dish Vegetables and Salads



TROLLEY

or Beans

Cheese or Beans

Cheese or Beans

Cheese or Beans

Cheese or **Beans** 

Marble Cake

Apple, Cinnamon Raisin Flapjacks

Orange and Mango Jelly

Banana Bread Muffins

Gingerbread Cookies

**Autumn Winter** 2024-25:

16/9, 7/10, 28/10, 18/11, 9/12, 30/12, 20/1, 10/2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

American Style Mac Cheese

Bangers & Mash

Roast Chicken, Stuffing, **Roast Potatoes** and Gravy

Meatballs in **Tomato Sauce with** Rice

> Golden Fish **Fingers** and Chips

Veggie Wholegrain Pasta Bolognese

> Vegetable Pot Pie and Mash

Carrot and **Stuffing Pastry** Plait

Mild Veggie Bean Chilli Loaded Wedges with Cheese

**Vegetable Fingers** and Chips

**Roast Root** Veggies

Carrots

Peas and Sweetcorn

Broccoli

**Baked** Beans

Cheese